

THE ROUNDTREE™

AMAGANSETT

ARETÉ ROUNDTREE

We invite guests to experience Areté Roundtree, a holistic wellness offering designed to heal, renew and restore. Our goal is to meet you where you are, offering you space, experiences and support to find your own way and craft your own wellbeing journey. There are no rigid schedules or hours-long bootcamps — just endless opportunities to discover what truly brings you lasting health, peace and happiness. Ours is an organic fitness enclave, set in the natural beauty of our Hamptons locale. Every season offers ways to move, breathe, and unwind at your own pace. In warmer months wander along coastal trails, cycle through sunlit paths, leap into the Atlantic, or practice yoga by the sea. Cooler months offer crisp beach walks, hiking, cycling and mat pilates. Join a sound bath or guided breathwork session or simply slow down, relax and meditate. Here, your wellbeing is entirely your own — refined, restorative and effortlessly luxurious.



CURATED CULINARY EXPERIENCES BY CHEF DEWA

Great food is at the heart of our wellness philosophy - nourishing food crafted from the finest ingredients and prepared with care. As foodies ourselves, we recognize that every palate is different and individual tastes vary. That's why we emphasize personalization as part of the Roundtree dining experience with meals that cater to your sensibilities in taste, texture and nutritional value. From a Chef Dewa "Plant-Powered Hamptons Brunch" workshop to cold-pressed juice tastings, to a personal petit fete' with the master himself, you're invited to explore flavor, seasonal ingredients and cooking methods that will enrich your relationship to food now, and forever.